

# Diana Road Dental Care

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## What is gum disease and why do I suffer from it?

Gum disease is one of the commonest diseases

It is caused by germs around the necks and roots of the teeth

When the germs are not removed the gums become infected

Advanced gum disease cannot be cured but it can be managed

### Signs and Symptoms

#### Early (Gingivitis)

Often no symptoms and pain free

Red, swollen bleeding gums

Deposits on teeth

Bad taste

Bad breath



#### Late

A gap forms between the tooth and the gum

Gums shrink making roots show

Abscesses and gum boils can develop

Teeth become loose and can drift



### Why do I suffer?

You may have a family history of gum disease

You may have germs left on your teeth

You may have a medical condition

You may be taking a medicine which effects your gums

### What makes it worse

Inefficient tooth cleaning technique

Smoking

Poor diet

Poor health

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