



# High Decay Risk Children

**Your child has been assessed as having a high risk of dental decay.**

**The following recommendations will help to reduce this risk:-**

- **Brush twice daily with a toothpaste containing fluoride and an antibacterial agent. For example COLGATE TOTAL.**
- **Reduce the frequency of sugar intake.**
- **Use a fluoride supplement daily as recommended by your dentist.**
- **Attend for regular dental checkups every four months.**

**Diana Road Dental Practice will:-**

- **Investigate the diet.**
- **Give dietary and preventative advice.**
- **Apply topical fluorides where appropriate.**
- **Coat unfilled tooth surfaces with fissure sealants.**
- **Take x-rays at regular intervals to check for any early sign of decay.**