

## INSTRUCTIONS FOR ANTIBIOTIC USE IN PERIODONTAL TREATMENT

The antibiotics you have been given are part of a “full mouth disinfection” therapy, designed to reduce bacterial levels in the mouth to a minimum and thus allow healing of the gums to take place.

This treatment is likely to have a beneficial effect, but only if these instructions are carefully followed.

- Start the antibiotics 24 hrs before your next appointment.
- Take one capsule (Amoxicillin) and one tablet (Metronidazole) 3 times per day at exactly 8 hour intervals (e.g. 7am, 3pm, 11pm) for one week.
- Avoid alcohol (in all forms) during the week.
- You may experience some stomach upset during the week (although this is rare) but if you do, try and continue with the antibiotics if you can.
- Stop the antibiotics if you notice any skin rashes as this would indicate an allergic reaction.
- Do not miss any does out.
- Maintain as high level of home plaque control as you can.
- Brush (or scrape) the top surface of the tongue.
- Contact us immediately if you have any problems